



European federation of Critical Care Nursing associations



## Newsletter 2015/1 March 2015

### Special Points of Interest

- \* 6<sup>th</sup> EfCCNa Congress 2015
- \* Poster Award
- \* New EfCCNa Board 2015
- \* Open Access to *Nursing in Critical Care* for EfCCNa members
- \* new Board Member for European Politics & Policy
- \* Research Award 2015

### Inside this issue:

- |  |   |
|--|---|
| Congress 2015  | 2 |
| Best Poster Award<br>EfCCNa Board 2015                               | 3 |
| Fellowship Award 2015<br>CC Doctoral European<br>Nursing Group       | 4 |
| Colette Ram,<br>new Secretary  | 5 |
| New Representative<br>from Italy                                     | 6 |
| Polish Association of<br>Anesthesiology and<br>Intensive Care Nurses | 7 |
| Congress Calendar  | 8 |

### Council Meeting 2015 in Valencia

The Council Meeting took place in Valencia, Spain on 28 January, prior to the 6<sup>th</sup> EfCCNa Congress. Read an short extract of the meeting results.

The European Specialised Nursing Organisation (ESNO) is working on a European nursing accreditation project. EfCCNa, as a member of ESNO might benefit in order to provide credits for future congresses. EfCCNa will learn more about the national procedures of crediting and will discuss this item during the next Council Meeting.

The EfCCNa Strategy 2020 defines the federation's direction for the next six years and provides a framework for strategic thinking. The Board renamed 'EfCCNa Objectives' to 'EfCCNa Mission Statements' in keeping with the usual format of strategy documents. Where relevant, wording was revised and new statements were added to reflect changes and developments in critical care.

The first task is to prioritise projects. The second task is to form the agreed working groups and appoint a project leader. Measurements for success will be established against the objectives, reviewed annually and reported at the Council Meeting. An externally conducted progress review will be undertaken in 2018. Financial Goal: by 2020, to have established an additional stream of income apart from congress and membership fees.

As a result three projects were prioritized during the Council Meeting: Website development, Commercial Cooperation, Standard Development. According to the initial plan project teams were established; they are expected to set up a project plan and to feedback to the Council. A budget will be provided for new projects.

The membership fee for member societies was subject to change in 2015. Member societies will be informed about the fact that the fee is going to be raised to 1.50€/member. Member societies who failed to pay their fee in a certain time will lose their voting rights.

At the elections, Anne Kokko (Finland) was elected as Vice-president. Colette Ram (NL) took over the position as Secretary. Congratulations to Anne and Colette. David Waters is co-opted as an observer for European policies in healthcare.



## 6<sup>th</sup> EfCCNa Congress 2015

The 6<sup>th</sup> EfCCNa Congress was successfully held on January 29 – 31, 2015 at the Palacio des Congresos in Valencia, Spain. The congress was well supported by the Spanish Critical Care Nursing Organisation SEEUIC.



For the first time with professional help from Babette and Ronald from Global Conference Support the congress days were perfectly organised under the motto:

### *Expanding Horizons in Critical Care Nursing in Europe*

The International Scientific Committee has received more than 180 abstracts, resulting in a programme that consists of 189 presentations, divided in posters, workshops, symposia, plenaries and knowledge café rounds, able to provoke lively discussions between the more than 400 delegates from 26 European countries.

EfCCNa was very fortunate to get three notable key note speakers confirmed. Kay Mitchell is a member of the Xtrem Everest expeditions that explore the effects of hypoxia to develop treatment to improve outcomes in critically ill patients. With impressive film and picture material she took us with her on her last expedition to the Mount Everest.

Dr. Louise Rose from Toronto gave an interesting insight in her experiences with the care of critically ill in limited settings and Marc van den Boogaard from the Netherlands spoke about Delirium in critically ill patients – the detection, impact, prediction and prevention of ICU delirium. EfCCNa is happy to announce that these lectures will be presented on the website soon.

### *Read some personal reports from the delegates*

#### **My impression on the 6<sup>th</sup> EfCCNa congress in Valencia,**

ICU nurses with various backgrounds, level of education and job descriptions and with differences in healthcare systems met and had the opportunity to exchange their research and clinical knowledge.

My reflection is that the meeting focused mainly on the scientific part, research, studies, not finished studies and some of them not done by nurses. The research and posters presented was interesting and inspiring thou I would have appreciated some more about research leading to new evidence based clinical practice and have had the opportunity exchange know-how.

I'm impressed of the well organized and executed meeting. Well done to all in the organization committee and scientific committee that put a lot of their time, professionalism and enthusiasm to make this an interesting and educational meeting for ICU nurses all over Europe.

Anna-Karin Morin, Bsc, CCRN, CRNA  
Intensive Care Unit, Danderyds Hospital, Sweden





## 6<sup>th</sup> EfCCNa Congress 2015

We, the Israeli group representing the Israeli Society for Cardiology and Critical Care Nursing, would like to thank EfCCNa for this important congress for critical care nurses. We enjoyed the congress as a work group for exchanging knowledge in critical care and took the opportunity to make new friends and renew old acquaintances and to have discussion and exchange of many experiences, suggestions and opinions with decisions makers, practitioners and researchers from all over Europe.

Our objectives for this conference were to share knowledge and learn from others about their achievements in different subjects such as research, education, workforce, patient's quality of care and safety. We were also fortunate enough to learn and get exposed to other nurses' clinical successes and failures in order to improve our health care system and workplace environment and atmosphere.

We enjoyed the variety of lectures and speakers in the conference that were able to skilfully guide each of participants during the keynotes, different sessions and group meetings such as the knowledge café. Furthermore, the social gatherings were also a great place for exchanging a social knowledge and mingling. Thank you and hope to see you again in EfCCNa 7<sup>th</sup> congress.

Dana Arad and the Israeli participants from the Israeli Society for Cardiology and Critical Care Nursing



## Best Poster Award 2015

During the 6<sup>th</sup> EfCCNa Congress in Valencia, Spain the delegates decided about which was the best poster during this event:

***The Critical Care Nursing Workforce: where do we go from here?***

The aim of this work was to explore the critical care nursing workforce shortage and to offer potential solutions to the problem.

Many congratulations to the winners **Juliet Anderson** from Health Education Thames Valley, Oxford, UK and **Steven Pearce**, Buckinghamshire New University, Uxbridge, UK.



UK Council member David Waters and Awardees

## EfCCNa Board of Officers 2015

**Bronagh Blackwood**  
(United Kingdom)  
Vice-President



**Anne Kokko**  
(Finland)  
Vice-President



**Colette Ram**  
(The Netherlands)  
Secretary



**Drago Satosek**  
(Slovenia)  
Treasurer



**Eva Barkestad**  
(Sweden)  
Board member



## The Honorary Fellowship Award 2015

Rosa Thorsteinsdottir was presented with an EfCCNa Fellow Award at the 6<sup>th</sup> EfCCNa Congress in Valencia for her valuable services in promoting EfCCNa and critical care nursing in Europe.

Rosa was a Founding Member of EfCCNa. She served on the Council as the representative of the Icelandic Critical Care Nursing association and later on the Board of Officers as Vice President and President.

Over the years, Rosa has been a great leader and has always been a source of wisdom and most of all – fun!

Although we will miss her continued presence, Rosa will continue to contribute to EfCCNa on the Congress Committee.



## Critical Care Doctoral European Nursing Group



EfCCNa is committed to advancing the art and science of critical care nursing across the European countries and to do this it has set up a

**Critical Care Doctoral European Nursing group (Critical Care DEN)** to bring together nurses across Europe engaged in critical care research.

The group welcomes nurses who are either undertaking or who have completed a Doctoral programme in any European country (e.g. PhD; DPhil; DNS; Professional Doctorate or similar).

The first meeting of the Critical Care DEN took place 30 January 2015, at the 6<sup>th</sup> EfCCNa Congress in Valencia, Spain. In attendance were 44 people (37 with PhDs and 7 doctoral students) and there was wide enthusiasm for the group.

A Steering Group has been formed to take this forward and details will appear soon on the EfCCNa website.

If you have or are studying for a PhD and wish to become part of this group, please email your details to the EfCCNa President, Dr Bronagh Blackwood at [b.blackwood@qub.ac.uk](mailto:b.blackwood@qub.ac.uk)

## Nursing in critical care - open access to vol. 20 issue 1



The editors of BACCN's journal Nursing in Critical Care give EfCCNa members the great opportunity to have open access to the first issue in 2015.

The link will allow members of EfCCNa to **freely** access papers which are only part of the first issue for 2015. This opportunity is not available for subsequent issues of 2015. This first issue of 2015 covers topics which are relevant to both adult and paediatric nurses working within critical care.

<http://onlinelibrary.wiley.com/doi/10.1111/nicc.2015.20.issue-1/issuetoc>

## Colette Ram, the new EfCCNa Secretary

My name is Colette Ram, I live in Driebergen, a small town in the centre of Holland. In 1983 I started my career as a general nurse on a surgical ward in the University hospital in Utrecht. Seven years later I graduated as an intensive care nurse, I worked as an ICU nurse, in between I graduated as a research nurse.

A great opportunity came up in 2005, being the programme manager on developing a new ICU in the same university hospital as where I started my nursing career.

The ICU is now five years old, our vision these days was and still is: *A well organized Intensive Care saves lives, while paying attention to the personal needs of each individual patient.*

If you want to see more of this ICU go to <https://www.youtube.com/watch?v=-lAxEA4zTdc>



These days I work as a policy maker on quality and safety and as a Green Belt in Lean Six Sigma (an integrated approach for Operational Excellence) in the division Critical Care and Intensive Care.

In 2000 I entered the Dutch Nursing Association (V&VN IC) and since one year I'm the president.

My career in EfCCNa started in 2009 as the representative of Holland. My first council meeting was in Stockholm, many more followed. For me, representing critical care nurses, critical care nursing and their professional associations in Europe, is very important. In EfCCNa my roles are member of the Clinical Practice group and member of the Congress group.

During the EfCCNa congress in Valencia I'm selected as secretary on the board. This is a great honor and a great opportunity. The EfCCNa motto "working together achieving more" is what it's all about. I look forward to maintain the work with all the EfCCNa members in my new role as secretary of EfCCNa.

## David Waters, co-opted Board Member for European Politics & Policy

At the EfCCNa Council meeting in Valencia, David Waters (UK representative & previously EfCCNa secretary) was co-opted into a new European Politics role on the EfCCNa board. The development of this board position reflects EfCCNa's strategic vision to actively engage with European politics, key stakeholders & other nursing organisations within the EU, such as ESNO (European Specialist Nursing Organisation). David's responsibilities include linking with ESNO and ensuring that European critical care nursing voice is heard within EU nursing & political forums. Outside of his EfCCNa duties, David works as a Critical Care Nursing lecturer and a bedside Cardiothoracic ICU nurse in the United Kingdom.



## Research Grants Award 2015



The 2015 Research Award goes to Laura Krone Larsen, University Hospital of Copenhagen who was awarded 4000 Euros towards her PhD study titled

**'Dandelion. Danish Delirium Study on Neurointensive Care Patients'.**

Laura Krone Larsen investigates the incidence, duration and type of delirium symptoms as assessed by the Intensive Care Delirium Screening Checklist in patients with acute acquired brain injury. Second aim is to measure the effect of a systematic intervention on delirium symptoms in patients with acute acquired brain injury.



***Congratulations !***



## Silvia Scelsi, new Representative from Italy

Silvia Scelsi, the new Italian EfCCNa representative is the current vice-President of Aniarti. She is director of the Nursing Service of "ARES 118" - the regional emergency service of Lazio region, Rome. Since 1988 she is working as a Nurse, Critical Care Specialist nurse, Nurse Coordinator and Doctor in Nursing in 2005. Silvia developed, aside of the clinical practice, experience in nursing education, particularly in emergency interventions and at the University in Rome. Welcome, Silvia.

## Good bye, Elio

Elio Drigo is the former president of ANIARTI (Italian Association of Critical Care Nurses), a founding member of EfCCNa and a Co-chairman of the Interational Organizing Committee.

It was obvious from the very beginning that he was used to organise and manage a big association, as ANIARTI is one of EfCCNa's largest member associations. His engagement lied much both in management and education and he served as a member of the Education committee for years, developing the Position Statement which was published in 2004.

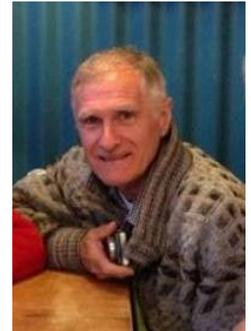
In 2005 it was decided that there would be a joint 3. EfCCNa/27. Aniarti Congress which was to be held in Florence in 2008. The theme was "Influencing Critical Care Nursing in Europe". The congress was a huge success with 2.022 delegates whereof more than 500 were European/international delegates. This is up to date the largest congress EfCCNa has initiated/participated in. Mr Drigo has since 2008 continued being an active member of the congress organising committee.

I asked some of my EfCCNa friends to describe him as a person and here are some of the replies: he is warmhearted, charismatic, sensible, smart, careful, passionate and steadfast. But one of his biggest assets is that he gets people to work together – a great leader.

I would like to thank Elio for all his hard work for EfCCNa for the past 15 years, it has been such a pleasure to work with him. Thank you so much dear Elio for your everlasting contribution to EfCCNa !

From your EfCCNa friends and family

Rósa Thorsteinsdóttir, former president of EfCCNa



## ESPNIC Nursing Science Section

The Nurse Science section was set up in 2011 and is chaired by Dr Lyvonne Tume, a Paediatric Nurse researcher and clinician in PICU in Liverpool UK and the vice chair is Dr Erwin Ista, a Nurse Scientist in PICU Nursing at Erasmus Medical Centre, Rotterdam UK.

The aim of the section is to promote novice research nurses engagement with and understanding of research and research methods used in the context of PICU and NICU nursing and to develop further understanding of a variety of research methods and important issues for more experienced nurse researchers. It will also promote collaboration of research within Europe though the research subgroups and to share ongoing nursing research within this group.



We run annual pre-congress workshops and also maintain a contact database of active members as well as establishing the 1<sup>st</sup> PICU and NICU research summer schools and a core nursing faculty of 4 members to provide a mentorship role.

***Interested to join?***

Then contact Lyvonne Tume on [lyvonnnetume@gmail.com](mailto:lyvonnnetume@gmail.com) or join ESPNIC as a nurse member (45 € a year) click on the link to the ESPNIC [website](#).



## Polish Association of Anesthesiology and Intensive Care Nurses (PTPAiIO)

The Polish Association of Anesthesiology and Intensive Care Nurses (PTPAiIO) was founded in 1997. Until then, there was an Intensive Care Nursing Section at the Polish Society of Anesthesiology and Intensive Therapy dedicated for nurses working in this field.

Professor Laura Wołowicka, the first honorary member of the PTPAiIO had a huge contribution to the development of our Association. From the beginning she supported the founding committee on acting courageously and independently. The first President of PTPAiIO was Dr. hab. Danuta Dyk and the current President of PTPAiIO is Paweł Witt.

PTPAiIO has its 14 regional offices all over Poland.

In 2011, in response to the needs of anesthesia and intensive care nurses society the Working Group on Practice was established. Until now the Working Group has developed position statements regarding acting of anesthesia and intensive care nurse specialists as team coordinators during the shifts (2011) and the statement on the transfer of anesthesia and intensive care nurses to work on other hospital wards during the duty (2013).

The Working Group has released recommendations concerning:

- \* The documentation for anesthesia nursing (2012)
- \* The registration, reporting and analyzing of adverse events (2012)
- \* Guidelines on oral cavity care for adult patients hospitalized in the ICU (2012)
- \* Guidelines on care of respiratory tract of mechanically ventilated adult patients hospitalized in the ICU (2013)

The main aims of PTPAiIO are:

- \* To maintain and support educational and scientific activities in the field of anesthesia and intensive care nursing and other nursing specialties.
- \* To ensure continuing development of professional skills of members.
- \* To pay attention to ethical competencies of members.

PTPAiIO is a member of international organizations of anesthesia and intensive care nurses - European Federation of Intensive Care Nursing Associations (EfCCNa) and the World Federation of Anesthesia Nurses (IFNa). Thanks to the support and collaboration with Evereth Publishing the first number of our scientific journal - *Anesthesia and Intensive Care Nursing* - has been issued.

Since the beginning, biannual national conferences on anesthesia and intensive care nursing have been organized. On 17-19 September 2015 the 9<sup>th</sup> PTPAiIO Congress will be held in Mikołajki, the beautiful region, located in north-east part of Poland. At the plenary session on 17 September there will be English-Polish translation provided so we will have the chance to share idea and discuss nursing topics. You are very welcome to attend the Congress.

Our priority is to keep working on the integration of anesthesia and intensive care nurses' society and building the awareness of the importance of continuing improvement of our professionalism. We would like to strengthen the cooperation with authorities responsible for nurses and midwives in Poland at the local and governmental levels. We are open for cooperation.

*Best regards from PTPAiIO to all anesthesia and intensive care nurses in Europe*

*Anna Zdun*

*Vice President of PTPAiIO*

*Aleksandra Gutysz-Wojnicka*

*EfCCNa Representative*

## INVITATION

9<sup>th</sup> Congress of Polish Association of Anaesthesiology and Intensive Care Nurses  
17-19 September 2015, Mikołajki

[www.mikolajki2015.pl](http://www.mikolajki2015.pl)



## Congress Calendar 2015



### 35<sup>th</sup> ISICEM — Int. Symposium on Intensive Care & Emergency Medicine

Brussels, Belgium March 17 - 20 , 2015 [www.intensive.org](http://www.intensive.org)

### Venticare

#### Venticare 2015

Utrecht, The Netherlands, June 4 - 5, 2015 <http://www.venticare.nl/int-visitors/>



### Caring without Borders

26<sup>th</sup> Annual Meeting of the European Society of Paediatric and Neonatal Intensive Care  
Vilnius, Lithuania - June 10<sup>th</sup> -13<sup>th</sup>, 2015

<http://espnice.kenes.com/>



### 12<sup>th</sup> WFSICCM—World Congress on Intensive and Critical Care

Seoul, South Korea, August 28 — September 1, 2015 [www.wfsiccm2015.com](http://www.wfsiccm2015.com)



### 3<sup>rd</sup> International Conference for PeriAnaesthesia Nurses

Copenhagen, Denmark September 9 - 12, 2015 [www.icpan2015.dk](http://www.icpan2015.dk)



### 9<sup>th</sup> Congress Polish Association of Anaesthesiology & Intensive Care Nurses

Mikolajki, Poland September 17 - 19, 2015 [www.mikolajki2015.pl](http://www.mikolajki2015.pl)



### ESICM Lives 2015 - 28<sup>th</sup> Annual Congress

Berlin, Germany October 3—7, 2015 [www.esicm.org](http://www.esicm.org)



### ESNO Event 2015

Brussels, November 6 -7, 2015 [www.esno.org](http://www.esno.org)



### Are you interested in visiting another hospital in Europe but don't know how to manage it?

Then please have a look on the EfCCNa web site which provides respective information about the participation in an European wide Exchange program!

[www.efccna.org](http://www.efccna.org)

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